



COQUITLAM LIONS WATER POLO

SEPT 7 TO OCT 6 2024 PRACTICE SCHEDULE

| | SUN | MON | TUE | WED | THU | FRI | SAT |
|---------------------------|--------------------------------------------|-----|----------------------------------------------------------------|-----|--------------------------------------------------|-----|------------------------|
| 10U (2015-2018) | 4:30-5:30 p.m. PSLC | | | | | | 4:30-5:30 p.m. PSLC |
| 12U (2013-2014) | 4:30-5:30 p.m. PSLC | | 7:30-8:30 p.m. Eagle Ridge Every Week Ending on Oct 1 | | | | 4:30-5:30 p.m. PSLC |
| 14U (2011-2012) | 5:30-6:30 p.m. PSLC | | 7:30-8:30 p.m. Eagle Ridge Every Week Ending on Oct 1 | | | | 5:30-6:30 p.m. PSLC |
| 16U (2009-2010) | 6-8 p.m. Eagle Ridge Ending on Oct 6 | | 7:30-8:30 p.m. Eagle Ridge Every Week Ending on Oct 1 | | 7:30-9:30 p.m. Eagle Ridge Ending on Oct 3 | | |
| 18U (2007-2008) | 6-8 p.m. Eagle Ridge Ending on Oct 6 | | 7:30-8:30 p.m. Eagle Ridge Every Week Ending on Oct 1 | | 7:30-9:30 p.m. Eagle Ridge Ending on Oct 3 | | |

Swimming Pool

CCAC
Centennial
Eagle Ridge

Address

1210 Pinetree Way, Coquitlam
3050 Chester St, Port Coquitlam
2689 Guildford Way, Coquitlam

Swimming Pool

Hyde Creek
Spani
PSLC

Address

1379 Laurier Street, Port Coquitlam
655 Hillcrest Street, Coquitlam
620 Poirier Street, Coquitlam



COQUITLAM LIONS WATER POLO

OCT 8 2024 TO APR 2025 PRACTICE SCHEDULE

| | SUN | MON | TUE | WED | THU | FRI | SAT |
|---------------------------|-------------------------------------|-----|----------------------------------------------------------------|-----|-------------------------------------------|-----|------------------------|
| 10U (2015-2018) | 4:30-5:30 p.m. PSLC | | | | | | 4:30-5:30 p.m. PSLC |
| 12U (2013-2014) | 4:30-5:30 p.m. PSLC | | 8:15-9:15 p.m. CCAC Alternating Weeks Starting Oct 15 | | | | 4:30-5:30 p.m. PSLC |
| 14U (2011-2012) | 5:30-6:30 p.m. PSLC | | 8:15-9:15 p.m. CCAC Alternating Weeks Starting Oct 15 | | | | 5:30-6:30 p.m. PSLC |
| 16U (2009-2010) | 6-8 p.m. CCAC Starting Oct 14 | | 8:15-9:15 p.m. CCAC Alternating Weeks Starting Oct 8 | | 7:30-9:30 p.m. CCAC Starting Oct 10 | | |
| 18U (2007-2008) | 6-8 p.m. CCAC | | 8:15-9:15 p.m. CCAC Alternating Weeks Starting Oct 8 | | 7:30-9:30 p.m. CCAC Starting Oct 10 | | |

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